

7 Year-Old Foodies

The kids took some time to make suggestions for their Christmas menu in the cafeteria yesterday and some of the ideas were absolutely hilarious. I kept the list because it was way too funny to throw away. I know it's a cliché, but French kids (and with that French people) are so much more into their food than we, as Americans, are. I'm in a class with a bunch of gourmets!

The kids requested things like foie gras, goose, carbonara pasta, all natural purees (no mention of vegetable to be made into said puree – just “natural”), beef tongue, and baked Alaska. Of course there were the requisite hamburgers and hot dogs, (They are kids after all; what did you expect?!) but the fact that they have such refined palates is what shocks me. They even requested goat and other aged cheeses as part of the menu, listing them as the must-haves of the meal. And these are a bunch of 7 year-olds! It's no wonder French people are so high maintenance about their food as adults. I don't say that as a bad thing; in fact, it's definitely something I side with the French on. I really admire the French raising their kids on good, wholesome food from the time they are little and it's something I plan to do with my own kids. It just throws me for a loop sometimes when we come up with a menu in class and I have a kids asking for seven kinds of rare tarts I've never heard of.

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